Dish and Dash at Robinette & Company Caterers
November 2026
LOW CARB / LOW SUGAR MENU
CHECK OUT OUR SATURDAY FREEZER SALE 9AM – 1PM

Monday	Tuesday	Wednesday	Thursday	Friday
02 **Cheeseburger Casserole** *LG - $18.00 / SM - $11.00*	03 **Sesame Ginger Cabbage Rolls** *LG - $19.00 / SM - $12.00*	04 **Apple Sausage Butternut Squash Casserole** *LG - $18.00 / SM - $11.00*	05 **Alfredo Chicken Broccoli Bake** *LG - $18.00 / SM - $11.00*	06 **Cauliflower Baked Ziti** *LG - $18.00 / SM - $11.00*
MONDAY MEAL DEAL 09 **Spinach Lasagna** *LG - $18.00 / SM - $11.00*	10 **Cauliflower Shepherd's Pie** *LG - $18.00 / SM - $11.00*	11 **Chicken Cordon Bleu Casserole** *LG - $18.00 / SM - $11.00*	12 **Creamy Parmesan Basil Shrimp w/Zucchini Noodles** *LG - $19.00 / SM - $12.00*	13 **Zucchini Pizza Boats** *LG - $18.00 / SM - $11.00*
MONDAY MEAL DEAL 16 **Jalapeño Popper Chicken Casserole** *LG - $18.00 / SM - $11.00*	17 **Tuscan Chicken w/Spaghetti Squash** *LG - $19.00 / SM - $12.00*	18 **Salmon Piccata w/Mashed Cauliflower** *LG - $19.00 / SM - $12.00*	19 **Greek Beef & Spinach Casserole** *LG - $18.00 / SM - $11.00*	20 **Spaghetti Squash Pizza Casserole** *LG - $18.00 / SM - $11.00*
MONDAY MEAL DEAL 23 **Crack Chicken** *LG - $18.00 / SM - $11.00*	24 **Turkey Casserole** *LG - $19.00 / SM - $12.00*	25 **NO LOW CARB**	26 **Closed for Thanksgiving**	27 **Closed for Thanksgiving**
MONDAY MEAL DEAL 30 **Low Carb King Ranch** *LG - $18.00 / SM - $11.00*			**All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time**	**All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4, Smalls Serve 1**

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Robinette & Company Caterers, Inc. – Dish & Dash Menu
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