



low carb
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Dish and Dash at Robinette & Company Caterers

January 2026

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1		01 CLOSED FOR NEW YEARS	02 CLOSED FOR NEW YEARS
MONDAY MEAL DEAL 05 Chicken Parmesan Casserole LG - \$18.00 / SM - \$11.00	06 Apple Sausage Butternut Squash LG - \$18.00 / SM - \$11.00	07 Tuscan Chicken w/Sauteed Spinach LG - \$18.00 / SM - \$11.00	08 Cauliflower Baked Ziti LG - \$18.00 / SM - \$11.00	09 Ginger Sesame Salmon w/Cauliflower Rice LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 12 Spinach Artichoke Chicken Casserole LG - \$18.00 / SM - \$11.00	13 Philly Cheesesteak Stuffed Bell Peppers LG - \$19.00 / SM - \$12.00	14 Creamy Broccoli and Ground Beef Casserole LG - \$18.00 / SM - \$11.00	15 Spinach Parmesan Stuffed Pork Loin LG - \$19.00 / SM - \$12.00	16 Jalapeno Popper Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 19 Crack Chicken LG - \$18.00 / SM - \$11.00	20 Swiss Chicken Casserole LG - \$18.00 / SM - \$11.00	21 Sausage and Cabbage Alfredo LG - \$18.00 / SM - \$11.00	22 Salmon Piccata w/Mashed Cauliflower LG - \$19.00 / SM - \$12.00	23 Creamy Chicken Stuffed Bell Peppers LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 26 Cheeseburger Casserole LG - \$18.00 / SM - \$11.00	27 Spaghetti Squash Pizza Casserole LG - \$18.00 / SM - \$11.00	28 Spinach Lasagna LG - \$18.00 / SM - \$11.00	29 Chimichurri Pork Loin w/Mashed Cauliflower LG - \$19.00 / SM - \$12.00	30 Eggroll in a Bowl LG - \$18.00 / SM - \$11.00



US ON FACEBOOK

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Robinette & Company Caterers, Inc. - Dish & Dash Menu

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