



low carb
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Dish and Dash at Robinette & Company Caterers

February 2026

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 02 Crack Chicken LG - \$18.00 / SM - \$11.00	03 BBQ Chicken Casserole LG - \$18.00 / SM - \$11.00	04 Chicken Cordon Bleu Casserole LG - \$18.00 / SM - \$11.00	05 Philly Cheesesteak Stuffed Bell Peppers LG - \$19.00 / SM - \$12.00	06 Tuscan Chicken w/Spaghetti Squash LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 09 Mexican Chicken Casserole LG - \$18.00 / SM - \$11.00	10 Cauliflower Sheppard's Pie LG - \$18.00 / SM - \$11.00	11 Cajun Cauliflower Rice LG - \$18.00 / SM - \$11.00	12 Mongolian Beef LG - \$18.00 / SM - \$11.00	13 Alfredo Broccoli Chicken Bake LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 16 Chicken Tamale Pie LG - \$18.00 / SM - \$11.00	17 Pizza Casserole LG - \$18.00 / SM - \$11.00	18 Coconut Curry Shrimp w/Zucchini Noodles LG - \$19.00 / SM - \$12.00	19 Buffalo Chicken Casserole LG - \$18.00 / SM - \$11.00	20 Garlic Dijon Salmon w/Asparagus LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 23 Jalapeno Popper Chicken Casserole LG - \$18.00 / SM - \$11.00	24 Spinach Lasagna LG - \$18.00 / SM - \$11.00	25 Bacon Ranch Chicken Casserole LG - \$18.00 / SM - \$11.00	26 Lemon Garlic Butter Chicken w/French Green Beans LG - \$19.00 / SM - \$12.00	27 Italian Lasagna Stuffed Sausage LG - \$19.00 / SM - \$12.00
			All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1



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Robinette & Company Caterers, Inc. - Dish & Dash Menu

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