



low carb
» LOVE »

Dish and Dash at Robinette & Company Caterers

October 2026

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1		01 Chicken Pesto Bake w/Zucchini Noodles LG - \$18.00 / SM - \$11.00	02 BBQ Chicken Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 05 Mediterranean Chicken LG - \$18.00 / SM - \$11.00	06 Ginger Sesame Salmon w/Broccoli LG - \$19.00 / SM - \$12.00	07 Spinach Parmesan Pork Loin LG - \$19.00 / SM - \$12.00	08 Apple Sausage Butternut Squash Casserole LG - \$18.00 / SM - \$11.00	09 Ground Beef and Broccoli Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 12 Zucchini Pizza Boats LG - \$18.00 / SM - \$11.00	13 Chili Rellanos Casserole LG - \$18.00 / SM - \$11.00	14 Italian Sausage Eggplant Casserole LG - \$18.00 / SM - \$11.00	15 Sausage Cabbage Alfredo LG - \$18.00 / SM - \$11.00	16 Spinach Artichoke Chicken Bake LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 19 Crack Chicken LG - \$18.00 / SM - \$11.00	20 Broccoli Bacon Ranch Chicken Casserole LG - \$18.00 / SM - \$11.00	21 Swiss Chicken Casserole LG - \$19.00 / SM - \$12.00	22 Salsa Chicken w/Cauliflower Rice LG - \$18.00 / SM - \$11.00	23 Cauliflower Dirty Rice LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 26 Spinach Lasagna LG - \$18.00 / SM - \$11.00	27 Low Carb King Ranch LG - \$18.00 / SM - \$11.00	28 Spaghetti Squash Pizza Casserole LG - \$18.00 / SM - \$11.00	29 Coconut Curry Shrimp w/Cauliflower Rice LG - \$19.00 / SM - \$12.00	30 Dijon Pork Chops w/Fire Grilled Vegetables LG - \$19.00 / SM - \$12.00



US ON FACEBOOK

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Robinette & Company Caterers, Inc. - Dish & Dash Menu

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