



low carb
» LOVE »

Dish and Dash at Robinette & Company Caterers

August 2026

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 03 Cheeseburger Casserole LG - \$18.00 / SM - \$11.00	04 Low Carb King Ranch LG - \$18.00 / SM - \$11.00	05 Korean Beef Bowl LG - \$18.00 / SM - \$11.00	06 Mexican Chicken Casserole LG - \$18.00 / SM - \$11.00	07 Cabbage Roll Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 10 Spinach Lasagna LG - \$18.00 / SM - \$11.00	11 Garlic Buffalo Shrimp w/Roasted Broccoli LG - \$19.00 / SM - \$12.00	12 Spinach Stuffed Pork Loin LG - \$19.00 / SM - \$12.00	13 Swiss Chicken Casserole LG - \$19.00 / SM - \$12.00	14 Zucchini Pizza Boats LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 17 Jalapeno Popper Chicken Casserole LG - \$18.00 / SM - \$11.00	18 Cashew Chicken w/Cauliflower Rice LG - \$19.00 / SM - \$12.00	19 Beef Fajita Bake LG - \$19.00 / SM - \$12.00	20 Coconut Curry Shrimp w/Zucchini Noodles LG - \$19.00 / SM - \$12.00	21 Eggplant Lasagna LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 24 Chicken Tamale Pie LG - \$18.00 / SM - \$11.00	25 Cauliflower Shepherd's Pie LG - \$18.00 / SM - \$11.00	26 Creamy Chicken Stuffed Red Peppers LG - \$18.00 / SM - \$11.00	27 Greek Beef & Spinach Casserole LG - \$18.00 / SM - \$11.00	28 Shrimp Tuscan Bake LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 31 Chicken Mushroom Casserole LG - \$18.00 / SM - \$11.00			All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	All Dinners are ready to go 3:00pm - 6:00pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1



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Robinette & Company Caterers, Inc. - Dish & Dash Menu

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