



low carb
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Dish and Dash at Robinette & Company Caterers

November 2025

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 03 Crack Chicken LG - \$18.00 / SM - \$11.00	04 Spinach Lasagna LG - \$18.00 / SM - \$11.00	05 Broccoli Beef Casserole LG - \$18.00 / SM - \$11.00	06 Cabbage Roll Casserole LG - \$18.00 / SM - \$11.00	07 Grilled Chicken w/Creamed Spinach LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 10 Jalapeno Popper Chicken Casserole LG - \$18.00 / SM - \$11.00	11 Sausage and Cabbage Alfredo LG - \$18.00 / SM - \$11.00	12 Spaghetti Squash Pizza Casserole LG - \$18.00 / SM - \$11.00	13 Swiss Chicken Casserole LG - \$18.00 / SM - \$11.00	14 Salmon Piccata w/Mashed Cauliflower LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 17 Artichoke Chicken Casserole LG - \$18.00 / SM - \$11.00	18 Sliced Ham w/ Twice Baked Cauliflower LG - \$18.00 / SM - \$11.00	19 Apple Sausage Butternut Squash LG - \$18.00 / SM - \$11.00	20 Monterrey Chicken Casserole LG - \$18.00 / SM - \$11.00	21 Italian Pork Chops w/Mashed Cauliflower LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 24 Cheeseburger Casserole LG - \$18.00 / SM - \$11.00	25 Turkey Casserole LG - \$18.00 / SM - \$11.00	26 No Low Carb	27 CLOSED FOR THANKSGIVING	28 CLOSED
			All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1



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Robinette & Company Caterers, Inc. - Dish & Dash Menu

● 216 Kirby ● Seabrook, Texas ● 77586 ● TEL: (281) 326 - 3663 ● www.robinetteandcompany.com ● robinettecaterers@yahoo.com