



# Dish and Dash at Robinette & Company Caterers

## October 2024

### LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



low carb  
» LOVE »

Monday	Tuesday	Wednesday	Thursday	Friday
	01 <b>Chicken Pesto Bake w/Zucchini Noodles</b> LG - \$18.00 / SM - \$11.00	02 <b>Apple Sausage Butternut Squash</b> LG - \$18.00 / SM - \$11.00	03 <b>BBQ Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	04 <b>Pork Chops w/Mushrooms &amp; Shallots w/Mashed Cauliflower</b> LG - \$19.00 / SM - \$12.00
<b>**MONDAY MEAL DEAL**</b> 07 <b>Mediterranean Chicken</b> LG - \$18.00 / SM - \$11.00	08 <b>Spinach Lasagna</b> LG - \$18.00 / SM - \$11.00	09 <b>Ginger Sesame Salmon</b> LG - \$19.00 / SM - \$12.00	10 <b>Shrimp Scampi w/Spaghetti Squash</b> LG - \$19.00 / SM - \$12.00	11 <b>Broccoli Bacon Ranch Chicken Casserole</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 14 <b>Cheeseburger Casserole</b> LG - \$18.00 / SM - \$11.00	15 <b>Zucchini Pizza Boats</b> LG - \$18.00 / SM - \$11.00	16 <b>Italian Pork Chops w/Roasted Broccoli</b> LG - \$19.00 / SM - \$12.00	17 <b>Chicken Tamale Pie</b> LG - \$18.00 / SM - \$11.00	18 <b>Coconut Curry Shrimp w/Cashew Cauliflower Rice</b> LG - \$19.00 / SM - \$12.00
<b>**MONDAY MEAL DEAL**</b> 21 <b>Jalapeno Popper Casserole</b> LG - \$18.00 / SM - \$11.00	22 <b>Italian Sausage Eggplant Casserole</b> LG - \$18.00 / SM - \$11.00	23 <b>Buffalo Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	24 <b>Shrimp Fajita Bake</b> LG - \$19.00 / SM - \$12.00	25 <b>Ham Carbonara Casserole</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 28 <b>Crack Chicken</b> LG - \$18.00 / SM - \$11.00	29 <b>Spinach Parmesan Pork Loin</b> LG - \$19.00 / SM - \$12.00	30 <b>Eggroll in a Bowl</b> LG - \$18.00 / SM - \$11.00	31 <b>Coconut Lime Shrimp w/Zucchini Noodles</b> LG - \$19.00 / SM - \$12.00	All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time.

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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