



# Dish and Dash at Robinette & Company Caterers

## September 2023



**low carb**  
» LOVE »

### LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM

Monday	Tuesday	Wednesday	Thursday	Friday
All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4, Smalls Serve 1				01 <b>Zucchini Pizza Boats</b> LG - \$18.00 / SM - \$11.00
04 <b>CLOSED FOR LABOR DAY</b>	05 <b>Coconut Curry Shrimp w/Cauliflower Rice</b> LG - \$19.00 / SM - \$12.00	06 <b>Sausage Cabbage Skillet</b> LG - \$18.00 / SM - \$11.00	07 <b>Creamy Chicken Stuffed Red Peppers</b> LG - \$18.00 / SM - \$11.00	08 <b>Pesto Chicken w/Cauliflower Rice</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 11 <b>Crack Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	12 <b>Tuscan Chicken w/Sauteed Spinach</b> LG - \$18.00 / SM - \$11.00	13 <b>Broccoli Beef Casserole</b> LG - \$19.00 / SM - \$12.00	14 <b>Lemon Dill Salmon w/Asparagus</b> LG - \$19.00 / SM - \$12.00	15 <b>Cauliflower Dirty Rice</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 18 <b>Cheesburger Casserole</b> LG - \$18.00 / SM - \$11.00	19 <b>Greek Chicken w/Zucchini and Squash</b> LG - \$18.00 / SM - \$11.00	20 <b>Broccoli Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	21 <b>Chicken Cordon Bleu Casserole</b> LG - \$18.00 / SM - \$11.00	22 <b>Spinach Lasagna</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 25 <b>Cauliflower Sheppard's Pie</b> LG - \$18.00 / SM - \$11.00	26 <b>Creamy Chicken w/Spaghetti Squash</b> LG - \$18.00 / SM - \$11.00	27 <b>Lemon Butter Garlic Chicken w/French Green Beans</b> LG - \$18.00 / SM - \$11.00	28 <b>Jalapeno Popper Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	29 <b>Philly Cheesesteak Casserole</b> LG - \$19.00 / SM - \$12.00

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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