



Dish and Dash at Robinette & Company Caterers

November 2023

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



low carb
» LOVE »

Monday	Tuesday	Wednesday	Thursday	Friday
All Dinners are ready to go 3:00pm – 6:00pm, Monday – Friday; Larges Serve 3 – 4, Smalls Serve 1		01 Eggroll in a Bowl LG - \$18.00 / SM - \$11.00	02 Cauliflower Dirty Rice LG - \$18.00 / SM - \$11.00	03 Chicken Alfredo Bake LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 06 Crack Chicken Casserole LG - \$18.00 / SM - \$11.00	07 Spaghetti Squash w/Bacon, Spinach and Goat Cheese LG - \$18.00 / SM - \$11.00	08 Creamy Chicken Red Peppers LG - \$18.00 / SM - \$11.00	09 Chicken Divan LG - \$18.00 / SM - \$11.00	10 Garlic Parmesan Shrimp w/Roasted Broccoli LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL 13 Spinach Lasagna LG - \$18.00 / SM - \$11.00	14 Chicken Cordon Bleu Casserole LG - \$18.00 / SM - \$11.00	15 Philly Cheesesteak Bell Peppers LG - \$19.00 / SM - \$12.00	16 Tuscan Chicken Spaghetti Squash LG - \$18.00 / SM - \$11.00	17 Mushroom Cheeseburger Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL 20 Crustless Taco Pie LG - \$18.00 / SM - \$11.00	21 Turkey Casserole LG - \$19.00 / SM - \$12.00	22 No Low Carb	23 Thanksgiving Pickup Orders Only	24 Dish and Dash Closed
MONDAY MEAL DEAL 27 Ground Beef Stir Fry LG - \$18.00 / SM - \$11.00	28 Cashew Chicken LG - \$19.00 / SM - \$12.00	29 Lemon Dill Salmon w/Asparagus LG - \$19.00 / SM - \$12.00	30 Spicy Shrimp w/Creamy Spinach Cauliflower Rice LG - \$19.00 / SM - \$12.00	

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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