



# Dish and Dash at Robinette & Company Caterers

## May 2023



low carb  
» LOVE «

## LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM

Monday	Tuesday	Wednesday	Thursday	Friday
<b>**MONDAY MEAL DEAL**</b> 01 <b>Cabbage Roll Casserole</b> LG - \$18.00/ SM - \$11.00	02 <b>Broccoli and Beef</b> LG - \$19.00 / SM - \$12.00	03 <b>Creamy Pesto Shrimp w/Zucchini Noodles</b> LG - \$19.00 / SM - \$12.00	04 <b>BBQ Chicken Casserole</b> LG - \$18.00 / SM - \$11.00	05 <b>Ham Carbonara Casserole</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 08 <b>Cheeseburger Casserole</b> LG - \$18.00/ SM - \$11.00	09 <b>Coconut Curry Shrimp w/Cauliflower Rice</b> LG - \$19.00 / SM - \$12.00	10 <b>Pork Chops Italiano w/Mashed Cauliflower</b> LG - \$19.00 / SM - \$12.00	11 <b>Sausage Cabbage Skillet</b> LG - \$18.00 / SM - \$11.00	12 <b>Lemon Garlic Butter Chicken w/French Green Beans</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 15 <b>Eggroll in a Bowl</b> LG - \$18.00 / SM - \$11.00	16 <b>Chicken Alfredo w/Spaghetti Squash</b> LG - \$18.00 / SM - \$11.00	17 <b>Spinach Parmesan Stuffed Pork Loin</b> LG - \$19.00 / SM - \$12.00	18 <b>Grilled Chicken w/Creamed Spinach</b> LG - \$18.00 / SM - \$11.00	19 <b>Mushroom Cheeseburger Casserole</b> LG - \$18.00 / SM - \$11.00
<b>**MONDAY MEAL DEAL**</b> 22 <b>Zucchini Pizza Boats</b> LG - \$18.00 / SM - \$11.00	23 <b>Broccoli Bacon Ranch Casserole</b> LG - \$18.00 / SM - \$11.00	24 <b>Lemon Dill Salmon w/Asparagus</b> LG - \$19.00 / SM - \$12.00	25 <b>Spinach Lasagna</b> LG - \$18.00 / SM - \$11.00	26 <b>Tuscan Chicken Spaghetti Squash</b> LG - \$19.00 / SM - \$12.00
29 <b>CLOSED FOR MEMORIAL DAY</b>	30 <b>Crack Chicken</b> LG - \$18.00 / SM - \$11.00	31 <b>Shrimp Scampi w/Cauliflower Rice</b> LG - \$19.00 / SM - \$12.00	All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4, Small Serve 1	

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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