



# Dish and Dash at Robinette & Company Caterers December 2022

**LOW CARB / LOW SUGAR MENU**  
**CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM**

Monday	Tuesday	Wednesday	Thursday	Friday
All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1	All reserved meals are subject to be sold if not <u>picked</u> up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time.		01 <b>Mexican Chicken Casserole</b> LG - \$17.00 / SM - \$10.00	02 <b>Bacon Wrapped Shrimp w/ Parmesan Zucchini</b> LG - \$19.00 / SM - \$12.00
<b>**MONDAY MEAL DEAL**</b> 05 <b>Cheeseburger Casserole</b> LG - \$17.00 / SM - \$10.00	06 <b>Philly Cheesesteak Stuffed Bell Peppers</b> LG - \$18.00 / SM - \$11.00	07 <b>Shrimp Fried Cauliflower Rice</b> LG - \$18.00 / SM - \$11.00	08 <b>Pork Chops Italiano w/ Roasted Broccoli</b> LG - \$18.00 / SM - \$11.00	09 <b>Ginger Sesame Salmon w/ Cauliflower Rice</b> LG - \$19.00 / SM - \$12.00
<b>**MONDAY MEAL DEAL**</b> 12 <b>Chicken Tamale Pie</b> LG - \$17.00 / SM - \$10.00	13 <b>Jalapeno Popper Chicken Casserole</b> LG - \$17.00 / SM - \$10.00	14 <b>Sausage Cabbage Skillet</b> LG - \$17.00 / SM - \$10.00	15 <b>Tuscan Chicken w/ Sautéed Spinach</b> LG - \$17.00 / SM - \$10.00	16 <b>Cabbage Roll Casserole</b> LG - \$17.00 / SM - \$10.00
<b>**MONDAY MEAL DEAL**</b> 19 <b>Crack Chicken Casserole</b> LG - \$17.00 / SM - \$10.00	20 <b>Italian Sausage Stuffed Spaghetti Squash</b> LG - \$18.00 / SM - \$11.00	21 <b>Spinach Parmesan Stuffed Pork Loin</b> LG - \$18.00 / SM - \$11.00	22 <b>Sliced Turkey w/ Fire Grilled Vegetables</b> LG - \$18.00 / SM - \$11.00	23 <b>** No Low Carb **</b>
<b>**MONDAY MEAL DEAL**</b> 26 <b>CLOSED!!</b> <b>Have a very Merry Christmas!</b>	27	28 <b>Chicken Korma w/ Cauliflower Cashew Rice</b> LG - \$17.00 / SM - \$10.00	29 <b>Spinach Artichoke Chicken</b> LG - \$17.00 / SM - \$10.00	30 <b>** No Low Carb **</b>

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