



Dish and Dash at Robinette & Company Caterers

August 2022



low carb
» LOVE «

LOW CARB / LOW SUGAR MENU
CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM

Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 01 Broccoli Bacon Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	02 Coconut Curry Shrimp w/ Cauliflower Rice <i>LG - \$18.50 / SM - \$11.50</i>	03 Tuscan Chicken w/ Sautéed Spinach <i>LG - \$16.50 / SM - \$9.50</i>	04 Philly Cheese Steak Stuffed Green Bell Peppers <i>LG - \$17.50 / SM - \$10.50</i>	05 Spinach Artichoke Roasted Salmon w/ Cauliflower Rice <i>LG - \$17.50 / SM - \$10.50</i>
MONDAY MEAL DEAL 08 Crack Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	09 Buffalo Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	10 Lemon Dill Salmon w/ Buttered Broccoli <i>LG - \$17.50 / SM - \$10.50</i>	11 Parmesan Crusted Chicken w/ Green Beans <i>LG - \$16.50 / SM - \$9.50</i>	12 Creamy Broccoli & Ground Beef Casserole <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 15 Cauliflower Sheppard's Pie <i>LG - \$16.50 / SM - \$9.50</i>	16 Spinach Artichoke Chicken <i>LG - \$16.50 / SM - \$9.50</i>	17 Coconut Lime Chicken w/ Cauliflower Rice <i>LG - \$16.50 / SM - \$9.50</i>	18 Cheeseburger Casserole <i>LG - \$16.50 / SM - \$9.50</i>	19 Creamy Garlic Chicken w/ Fire Grilled Vegetables <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 22 Jalapeno Popper Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	23 Beef Stroganoff w/ Mashed Cauliflower <i>LG - \$17.50 / SM - \$10.50</i>	24 Shrimp Scampi w/ Zucchini Noodles <i>LG - \$18.50 / SM - \$11.50</i>	25 Grilled Chicken w/ Mushrooms & Cauliflower Au Gratin <i>LG - \$16.50 / SM - \$9.50</i>	26 Chicken Tamale Pie <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 29 Chicken Cordon Bleu Casserole <i>LG - \$16.50 / SM - \$9.50</i>	30 Grilled Jumbo Shrimp w/ Mexican Cauliflower Rice <i>LG - \$18.50 / SM - \$11.50</i>	31 Ginger Sesame Salmon w/ Mashed Cauliflower <i>LG - \$17.50 / SM - \$10.50</i>	All Dinners are ready to go 3:00pm - 6:30pm, Monday - Friday; Larges Serve 3 - 4, Smalls Serve 1	
				All reserved meals are subject to be sold if not picked up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time.

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Robinette & Company Caterers, Inc. - Dish & Dash Menu

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