



Dish and Dash at Robinette & Company Caterers November 2021

low carb
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LOW CARB / LOW SUGAR MENU



Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 01 Cauliflower Sheppard's Pie LG - \$16.50 / SM - \$9.50	02 Spinach Artichoke Chicken LG - \$16.50 / SM - \$9.50	03 Pesto Pork w/ Mashed Cauliflower LG - \$16.50 / SM - \$9.50	04 Garlic Parmesan Shrimp w/ Roasted Broccoli LG - \$16.50 / SM - \$9.50	05 Creamy Chicken Stuffed Bell Peppers LG - \$16.50 / SM - \$9.50
MONDAY MEAL DEAL 08 Jalapeno Chicken Popper Casserole LG - \$16.50 / SM - \$9.50	09 Pesto Grilled Chicken w/ Roasted Vegetables LG - \$16.50 / SM - \$9.50	10 Lemon Dill Salmon w/ Asparagus LG - \$17.50 / SM - \$10.50	11 Dijon Pork Chops w/ Mashed Cauliflower LG - \$17.50 / SM - \$10.50	12 Tuscan Garlic Chicken w/ Sautéed Spinach LG - \$16.50 / SM - \$9.50
MONDAY MEAL DEAL 15 Chicken Tamale Pie LG - \$16.50 / SM - \$9.50	16 Salmon Piccata w/ Asparagus LG - \$17.50 / SM - \$10.50	17 Cheeseburger Casserole LG - \$16.50 / SM - \$9.50	18 Parmesan Basil Shrimp w/ Zucchini Noodles LG - \$17.50 / SM - \$10.50	19 Mexican Chicken Casserole LG - \$16.50 / SM - \$9.50
MONDAY MEAL DEAL 22 Garlic Butter Chicken w/ Parmesan Cauliflower LG - \$16.50 / SM - \$9.50	23 Crustless Taco Pie LG - \$16.50 / SM - \$9.50	24 Ham w/ Au Gratin Cauliflower LG - \$16.50 / SM - \$9.50	**Dish & Dash Closed** <i>Open on Thursday, 11/25, 9am – 11am for Thanksgiving pick-up pre-orders ONLY!</i> Have a Safe and Happy Thanksgiving!	
MONDAY MEAL DEAL 29 Spinach Parmesan Stuffed Pork Loin LG - \$17.50 / SM - \$10.50	30 Shrimp Scampi w/ Zucchini Noodles LG - \$17.50 / SM - \$10.50	All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Large's Serve 3 – 4 Small's Serve 1	All reserved meals are subject to be sold if not picked up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time	STOP BY OUR SATURDAY FREEZER SALE 9AM – 1PM !!

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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