



# Dish and Dash at Robinette & Company Caterers May 2021

low carb  
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## LOW CARB / LOW SUGAR MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>**MONDAY MEAL DEAL**</b> 03 <b>Crack Chicken Casserole</b> <i>LG - \$15.50 / SM - \$8.50</i>	04 <b>Chicken Enchilada Bake</b> <i>LG - \$15.50 / SM - \$8.50</i>	05 <b>Pesto Shrimp w/ Mashed Cauliflower</b> <i>LG - \$16.50 / SM - \$9.50</i>	06 <b>Beef &amp; Broccoli w/ Cauliflower Rice</b> <i>LG - \$16.50 / SM - \$9.50</i>	07 <b>Philly Cheese Steak Stuffed Green Bell Peppers</b> <i>LG - \$16.50 / SM - \$9.50</i>
<b>**MONDAY MEAL DEAL**</b> 10 <b>Broccoli Bacon Ranch Chicken Casserole</b> <i>LG - \$15.50 / SM - \$8.50</i>	11 <b>Crustless Taco Pie</b> <i>LG - \$15.50 / SM - \$8.50</i>	12 <b>Spicy Shrimp w/ Creamy Spinach Cauliflower Rice</b> <i>LG - \$16.50 / SM - \$9.50</i>	13 <b>Beef Stroganoff w/ Spaghetti Squash</b> <i>LG - \$16.50 / SM - \$9.50</i>	14 <b>Basil Pesto Chicken w/ Roasted Cauliflower</b> <i>LG - \$15.50 / SM - \$8.50</i>
<b>**MONDAY MEAL DEAL**</b> 17 <b>Zucchini Carbonara</b> <i>LG - \$15.50 / SM - \$8.50</i>	18 <b>Jalapeno Popper Chicken Casserole</b> <i>LG - \$15.50 / SM - \$8.50</i>	19 <b>Creamy Shrimp w/ Zucchini Noodles</b> <i>LG - \$16.50 / SM - \$9.50</i>	20 <b>Chicken Alfredo w/ Spaghetti Squash</b> <i>LG - \$15.50 / SM - \$8.50</i>	21 <b>Lemon Dill Salmon w/ Asparagus</b> <i>LG - \$16.50 / SM - \$9.50</i>
<b>**MONDAY MEAL DEAL**</b> 24 <b>Eggplant Lasagna</b> <i>LG - \$15.50 / SM - \$8.50</i>	25 <b>Beef Fajita Bake</b> <i>LG - \$16.50 / SM - \$9.50</i>	26 <b>Tuscan Garlic Chicken w/ Sautéed Spinach</b> <i>LG - \$15.50 / SM - \$8.50</i>	27 <b>Cauliflower Sheppard's Pie</b> <i>LG - \$15.50 / SM - \$8.50</i>	28 <b>Chicken Tamale Pie</b> <i>LG - \$15.50 / SM - \$8.50</i>
<b>**MONDAY MEAL DEAL**</b> 31 <b>**CLOSED**</b>	<b>STOP BY OUR SATURDAY FREEZER SALE 9AM – 1PM !!</b>		All reserved meals are subject to be sold if not <u>picked</u> up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time.	All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4 Smalls Serve 1

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

● 216 Kirby ● Seabrook, Texas ● 77586 ● TEL: (281) 326 – 3663 ● www.robinetteandcompany.com ● robinettecaterers@yahoo.com