



Dish and Dash at Robinette & Company Caterers July 2021

low carb
→ LOVE →

LOW CARB / LOW SUGAR MENU



| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| STOP BY OUR SATURDAY FREEZER SALE 9AM – 1PM !! | All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4 Small Serve 1 | All reserved meals are subject to be sold if not <u>picked</u> up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time. | Tuscan Garlic Chicken w/ Sautéed Spinach LG - \$16.50 / SM - \$9.50 | Philly Cheese Steak Stuffed Green Bell Peppers LG - \$17.50 / SM - \$10.50 |
| **MONDAY MEAL DEAL** 05 Dish & Dash is Closed Today! | 06 Shrimp Fried Cauliflower Rice LG - \$17.50 / SM - \$10.50 | 07 Chicken Milano w/ Zucchini Noodles LG - \$16.50 / SM - \$9.50 | 08 Broccoli Cheddar Stuffed Chicken w/ Mashed Cauliflower LG - \$16.50 / SM - \$9.50 | 09 Creamy Chicken Stuffed Red Bell Peppers LG - \$16.50 / SM - \$9.50 |
| **MONDAY MEAL DEAL** 12 Cheeseburger Casserole LG - \$16.50 / SM - \$9.50 | 13 Mongolian Beef Bowl LG - \$16.50 / SM - \$9.50 | 14 Beef & Broccoli w/ Cauliflower Rice LG - \$17.50 / SM - \$10.50 | 15 Italian Eggplant Casserole LG - \$16.50 / SM - \$9.50 | 16 Sausage & Shrimp Cauliflower Jambalaya LG - \$17.50 / SM - \$10.50 |
| **MONDAY MEAL DEAL** 19 Jalapeno Popper Chicken Casserole LG - \$16.50 / SM - \$9.50 | 20 Spicy Sausage Spaghetti Squash Boats LG - \$17.50 / SM - \$10.50 | 21 Everything Seasoned Salmon w/ Fire Grilled Vegetables LG - \$17.50 / SM - \$10.50 | 22 Greek Chicken w/ Cauliflower Rice LG - \$16.50 / SM - \$9.50 | 23 Shrimp Piccata w/ Mashed Cauliflower LG - \$17.50 / SM - \$10.50 |
| **MONDAY MEAL DEAL** 26 Chicken Tamale Pie LG - \$16.50 / SM - \$9.50 | 27 Coconut Curry Shrimp w/ Zucchini Noodles LG - \$17.50 / SM - \$10.50 | 28 Crack Chicken Casserole LG - \$16.50 / SM - \$9.50 | 29 Italian Pork Chops w/ Roasted Broccoli LG - \$17.50 / SM - \$10.50 | 30 Cashew Chicken w/ Cauliflower Rice LG - \$16.50 / SM - \$9.50 |

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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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