



Dish and Dash at Robinette & Company Caterers August 2021

low carb
»LOVE«

LOW CARB / LOW SUGAR MENU



Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY MEAL DEAL 02 Tuscan Garlic Chicken w/ Sautéed Spinach <i>LG - \$16.50 / SM - \$9.50</i>	03 Philly Cheese Steak Stuffed Green Bell Peppers <i>LG - \$17.50 / SM - \$10.50</i>	04 Shrimp Fried Cauliflower Rice <i>LG - \$17.50 / SM - \$10.50</i>	05 Broccoli Cheddar Stuffed Chicken w/ Mashed Cauliflower <i>LG - \$16.50 / SM - \$9.50</i>	06 Eggroll in a Bowl <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 09 Cheeseburger Casserole <i>LG - \$16.50 / SM - \$9.50</i>	10 Chicken Stir Fry <i>LG - \$16.50 / SM - \$9.50</i>	11 Coconut Curry Shrimp w/ Zucchini Noodles <i>LG - \$17.50 / SM - \$10.50</i>	12 Lemon Dill Salmon w/ Roasted Broccoli <i>LG - \$17.50 / SM - \$10.50</i>	13 Sausage Cabbage Skillet <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 16 Jalapeno Popper Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	17 Cajun Cauliflower Rice <i>LG - \$16.50 / SM - \$9.50</i>	18 Cauliflower Sheppard's Pie <i>LG - \$16.50 / SM - \$9.50</i>	19 Spinach Artichoke Chicken <i>LG - \$16.50 / SM - \$9.50</i>	20 Chicken Alfredo Casserole <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 23 Crack Chicken <i>LG - \$16.50 / SM - \$9.50</i>	24 Spinach & Parmesan Stuffed Pork Loin <i>LG - \$17.50 / SM - \$10.50</i>	25 Creamy Chicken Stuffed Red Bell Peppers <i>LG - \$16.50 / SM - \$9.50</i>	26 Pesto Pork w/ Mashed Cauliflower <i>LG - \$16.50 / SM - \$9.50</i>	27 Crustless Taco Pie <i>LG - \$16.50 / SM - \$9.50</i>
MONDAY MEAL DEAL 30 Mexican Chicken Casserole <i>LG - \$16.50 / SM - \$9.50</i>	31 Cauliflower Dirty Rice <i>LG - \$16.50 / SM - \$9.50</i>	STOP BY OUR SATURDAY FREEZER SALE 9AM – 1PM !!	All Dinners are ready to go 3:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4 Smalls Serve 1	All reserved meals are subject to be sold if not picked up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time.

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