



Dish and Dash at Robinette & Company Caterers

October 2020

low carb
» LOVE »



LOW CARB / LOW SUGAR MENU

****SATURDAY FREEZER SALE 9AM – 1PM IS BACK!!!****

Monday	Tuesday	Wednesday	Thursday	Friday
SATURDAY FREEZER SALE 9AM – 1PM IS BACK!!!	All reserved meals are subject to be sold if not picked up after 24hrs; <u>Unless</u> you request us to hold them for an additional amount of time.	All Dinners are ready to go 2:00pm – 6:30pm, Monday – Friday; Larges Serve 3 – 4 Smalls Serve 1	Cheeseburger Casserole LG - \$15.50 / SM - \$8.50	Chicken Alfredo Casserole LG - \$15.50 / SM - \$8.50
MONDAY MEAL DEAL 05	06	07	08	09
Pesto Pork w/ Mashed Cauliflower LG - \$15.50 / SM - \$8.50	Chicken Cordon Bleu Casserole LG - \$15.50 / SM - \$8.50	Coconut Curry Shrimp w/ Cauliflower Rice LG - \$16.50 / SM - \$9.50	Crustless Taco Pie LG - \$15.50 / SM - \$8.50	Creamy Chicken Stuffed Bell Peppers LG - \$15.50 / SM - \$8.50
MONDAY MEAL DEAL 12	13	14	15	16
Crack Chicken Casserole LG - \$15.50 / SM - \$8.50	Greek Chicken w/ Roasted Vegetables LG - \$15.50 / SM - \$8.50	Chicken Tamale Pie LG - \$15.50 / SM - \$8.50	Spinach Parmesan Stuffed Pork Loin LG - \$16.50 / SM - \$9.50	Eggroll in a Bowl LG - \$15.50 / SM - \$8.50
MONDAY MEAL DEAL 19	20	21	22	23
Jalapeno Popper Chicken Casserole LG - \$15.50 / SM - \$8.50	Parmesan Mushroom Chicken w/ Mashed Cauliflower LG - \$15.50 / SM - \$8.50	Beef w/ Broccoli LG - \$16.50 / SM - \$9.50	Creamy Tuscan Chicken w/ Sauteed Spinach LG - \$15.50 / SM - \$8.50	Ham w/ Cauliflower Au Gratin LG - \$15.50 / SM - \$8.50
MONDAY MEAL DEAL 26	27	28	29	30
Italian Eggplant Casserole LG - \$15.50 / SM - \$8.50	Shrimp Fried Cauliflower Rice LG - \$16.50 / SM - \$9.50	Beef Fajita Bake LG - \$16.50 / SM - \$9.50	Grilled Chicken w/ Fire Grilled Vegetables LG - \$15.50 / SM - \$8.50	Chicken Alfredo Stuffed Spaghetti Squash LG - \$15.50 / SM - \$8.50

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