



# Dish and Dash at Robinette & Company Caterers July 2020

low carb  
→ LOVE →



## LOW CARB / LOW SUGAR MENU

**\*\*SATURDAY FREEZER SALE 9AM – 1PM IS BACK!!!\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time.</p> <p>Larges Serve 3 – 4, Smalls Serve 1</p>	<p><b>RATE US ON GOOGLE!</b></p>	<p>01 <b>Jalapeno Popper Chicken Casserole</b> LG - \$15.50 / SM - \$8.50</p>	<p>02 <b>Sheppard's Pie</b> LG - \$15.50 / SM - \$8.50</p>	<p>03 <b>Crack Chicken</b> LG - \$15.50 / SM - \$8.50</p>
<p><b>**MONDAY MEAL DEAL**</b> 06 <b>Eggroll in a Bowl</b> LG - \$15.50 / SM - \$8.50</p>	<p>07 <b>Spinach Artichoke Chicken Casserole</b> LG - \$15.50 / SM - \$8.50</p>	<p>08 <b>Philly Cheesesteak Stuffed Bell Peppers</b> LG - \$16.50 / SM - \$9.50</p>	<p>09 <b>Creamy Tuscan Chicken w/ Spinach</b> LG - \$15.50 / SM - \$8.50</p>	<p>10 <b>Spaghetti Squash w/ Spicy Italian Sausage</b> LG - \$15.50 / SM - \$8.50</p>
<p><b>**MONDAY MEAL DEAL**</b> 13 <b>Creamy Chicken Stuffed Bell Peppers</b> LG - \$15.50 / SM - \$8.50</p>	<p>14 <b>Parmesan Spinach Stuffed Pork Loin</b> LG - \$16.50 / SM - \$9.50</p>	<p>15 <b>Chicken Tamale Pie</b> LG - \$15.50 / SM - \$8.50</p>	<p>16 <b>Spicy Shrimp w/ Creamy Spinach Cauliflower Rice</b> LG - \$16.50 / SM - \$9.50</p>	<p>17 <b>Baked Chicken w/ Cauliflower Au Gratin</b> LG - \$15.50 / SM - \$8.50</p>
<p><b>**MONDAY MEAL DEAL**</b> 20 <b>Chicken Spaghetti w/ Zucchini Noodles</b> LG - \$15.50 / SM - \$8.50</p>	<p>21 <b>Cajun Cauliflower Rice</b> LG - \$15.50 / SM - \$8.50</p>	<p>22 <b>Beef Stroganoff w/ Spaghetti Squash</b> LG - \$16.50 / SM - \$9.50</p>	<p>23 <b>Chicken Stir Fry</b> LG - \$15.50 / SM - \$8.50</p>	<p>24 <b>Tuna Melt Zucchini Boats</b> LG - \$15.50 / SM - \$8.50</p>
<p><b>**MONDAY MEAL DEAL**</b> 27 <b>Cheeseburger Casserole</b> LG - \$15.50 / SM - \$8.50</p>	<p>28 <b>Coconut Curry Shrimp w/ Zucchini Noodles</b> LG - \$16.50 / SM - \$9.50</p>	<p>29 <b>Greek Chicken w/ Roasted Vegetables</b> LG - \$15.50 / SM - \$8.50</p>	<p>30 <b>Beef Fajita Bake</b> LG - \$16.50 / SM - \$9.50</p>	<p>31 <b>Garlic Butter Chicken w/ Parmesan Cauliflower Rice</b> LG - \$15.50 / SM - \$8.50</p>

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**RATE US ON YELP!**

Robinette & Company Caterers, Inc. – Dish & Dash Menu

● 216 Kirby ● Seabrook, Texas ● 77586 ● TEL: (281) 326 – 3663 ● www.robinetteandcompany.com ● robinettecaterers@yahoo.com